

Vitamin E, Vitamin C, Lutein, Zinc & Copper

## Description

Tioxil<sup>®</sup> is a combination of Vitamin C, Vitamin E, Lutein, Zinc & Copper. It is an advanced new antioxidant supplement formulated to provide nutritional support for the eye. Vitamin C & Vitamin E reduce the risk of cataract, Lutein protects the macula for degenerative or light damage, zinc works as a coenzyme for many enzymes and copper plays an important role in growth, skeletal integrity & development of nervous system.

#### Indication

Tioxil<sup>©</sup> capsule is indicated for Age Related Eye Diseases (ARED), e.g., Age Related Macular Degeneration (ARMD) & Cataract.

# Dosage and administration

Tioxil® capsule, one or two times daily or as directed by the physician.

#### Side effects

Generally this preparation is well tolerated. However, large doses of Vitamin C can cause diarrhoea and other gastrointestinal disturbances. Large doses of Vitamin E may also cause diarrhoea, abdominal pain, some other gastrointestinal disturbances, fatigue and weakness.

### Contraindications

This preparation is contraindicated in patients with known hypersensitivity to any of the ingredients of combination.

#### Precautions

Vitamin C should be given with care to patients with hyperoxaluria. In patients taking oral anticoagulants or estrogens. Vitamin E should be given carefully because it has been found to antagonize the effects of Vitamin K leading to an increase in blood time in these patients.

## Drug interaction

No drug-drug interaction has been reported.

### Overdose

No data has found regarding overdose of this preparation.

#### Pharmaceutical precautions

Store in a cool and dry place. Protect from light.

### Presentation

Each Tioxil® capsule contains-

Vitamin E (as Alpha Tocopheryl Acetate BP) 30 mg Vitamin C (as Ascorbic Acid BP) 60 mg Lutein Ph. grade 6 mg Zinc (as Zinc Oxide BP) 15 mg Copper (as Anhydrous Copper Sulphate BP) 2 mg

### Package quantities

Tioxil® capsule: Carton of 32 capsules in blister.

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